



Newsletter

February 2015

His Excellency Alex Chernov AC QC Governor of Victoria is proud to be the Patron-in-Chief of the Victorian Men's Shed Association

Emailed to a Representative of every Men's Shed in Victoria.

Please print out a copy and distribute to members of your Shed.

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SAVE THE DATE!

You're invited to the

6th National Australian Men's Shed

Association Conference

Saturday 17 October - Tuesday 20 October 2015

Newcastle/Hunter Region NSW

VMSA Executive Officer Report

Welcome to the VMSA Newsletter.

Hello fellow Shedders,

What a busy start to the year!

Congratulations to the Sheddies who received well deserved Australia Day Awards in recognition of their community service.

New Sheds are opening across Victoria and the VMSA is always available to provide assistance to new (and old) sheds to help with any issues you may have.

The VMSA Committee always has regional representatives available to members to provide support.

The VMSA would like to upgrade our Website and asks for expressions of interest from suitably experienced people to form a Website Development Group to assist John Schwartzman and myself improve our On-line presence.

The VMSA State-Wide Gatherings alternate from Urban and Rural locations and we would be interested in hearing from sheds who can host up to 150 people in various locations around the state.

Just a reminder the **VMSA Steam Traction Engine Day** will be held again in Scoresby on Thursday **7th May** from 9am to 3.30pm. 200 VMSA members enjoyed last year's event and we are gearing up for an even bigger day with more interactive displays and activities. Admittance fee will be the same as last year \$5 per head and will include a free train ride.

Please book your transport early and remember to RSVP to me at vmsa@vmsa.org.au

The next **VMSA State-Wide Gathering** will be a regional gathering in beautiful **Warrnambool** on Friday **March 27th** 2015. There will be a dinner on the Friday night to socialise and get to know each other and on the Saturday morning there will be shed tour and lunch. A special notice will be sent out after we confirm the details. RSVP to me at vmsa@vmsa.org.au

Ric Blackburn

VMSA Executive Officer.



It is wonderful to receive invitations to events in sheds around Victoria and the VMSA will endeavour to have a representative attend where possible. Please forward any notifications of events to me so I can include them in our newsletter and arrange our attendance.

vmsa@vmsa.org.au

Taylor's Hill Men's Shed Open for Business



Melton City Council is proud to announce the opening of the new Taylor's Hill Men's Shed located at Morton Homestead which will be officially opened in late March.

This magnificent facility has been carefully designed to complement the beautiful and historic setting provided by the Morton Homestead, adding another exciting element to this historic site.

Melton City Council understands the health and wellbeing benefits that Men's Shed's bring to the community which has been demonstrated with the outstanding success of the Melton Men's Shed.

Shed member out to break a record.



Chris Thomas is a Men's Shed member and has the ambitious plan of breaking the record of playing bowls at the most number of Bowls Clubs around Australia in a year. Chris is raising money for Cancer Charities and promoting Men's Sheds along the way.

This is a picture of Chris (the guy with the beard on the left) with the proud owners of the Cancer Council shirts that he sells to raise funds. So far he has raised \$25,500 for prostate and breast cancer research.

Chris has played at 534 clubs as of Feb 6, having started in July last year. He has played in Qld, NSW, ACT and Vic, with TAS, SA, WA and NT left to go. Chris can be contacted on 0449 295 342

BECS Shed 'Crawl' Tour



Ron Lancaster, Vice President, Ballarat East Community Men's Shed reports.

On Wednesday the 4 Feb **Ballarat East Community Men's Shed** had their "Big Day Out" with shedders from Wendouree and Buninyong we visited 5 sheds on our tour that was made possible with a grant from the Ballarat City Council who paid for the coach hire and Mars Confectionery which kept the sweet tooth's happy.

We visited Buninyong first then on to Corio Model Railways Men's Shed, they put on a well-received Morning Tea break and a great display of trains. Next stop Geelong Community Men's Shed a good example of a Men's shed with access to a great garden.

After that it was on to Geelong East Men's Shed where a well-organized BBQ lunch was put on for us and a look around their shed which was very impressive.

The last was Leopold Men's Shed, small compared to others but what a ripper garden. Each one of these sheds were different but each one had the same genuine warm friendship.

All 47 of us on the "The Big Day Out" had a great time and thank all the shedders that made the day possible.

Mirboo North Men's Shed Training Day



David Mudge of Drouin Men's Shed reports.

In late December whilst having a conversation with VMSA Vice President, Lindsay Oates, he mentioned that his Shed was not versed with how to run a Bunnings BBQ.

I offered to go and assist. However instead of going to Bunnings I went to Mirboo North, Thursday 8th January and conducted a class with a number of the members.

First thing in the morning I loaded my vehicle just as though I was going to do one of our sessions and therefore could show Mirboo North how we operated.

We started with a lecture and question time followed by preparation of ingredients and then cooking at their shed. From the reports received later, the training class was a success for their members and they then had a successful day with their Sausage Sizzle at Bunnings in Morwell. (Once again "Mudgie" to the rescue! Great work.)

© 2000 Randy Glasbergen. www.glasbergen.com



"The handle on your recliner does not qualify as an exercise machine."

VMSA State-Wide Gathering in Warrnambool Friday March 27th

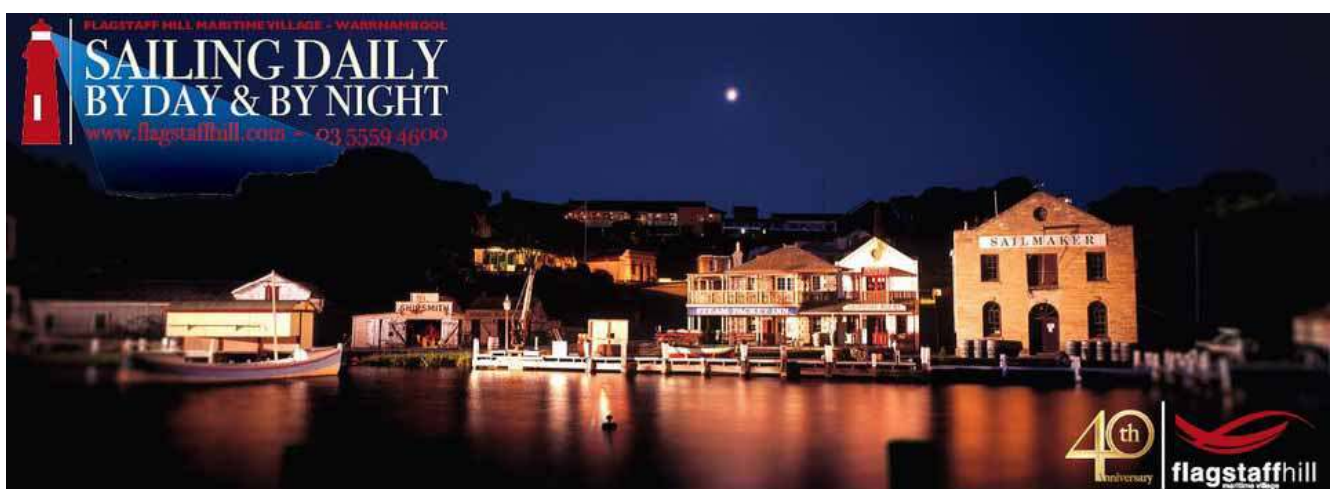


The VMSA is taking its state-wide Gathering to regional Victoria in keeping with our commitment to staying in touch with our grassroots membership.

We will be having the Gathering at the Warrnambool Greyhound Racing Centre, in their Wannan Room at the Warrnambool Showgrounds Koroit St, Warrnambool. The Gathering will run from 10 am to 2 pm with a sumptuous lunch. For those staying for lunch the cost of the meal will be \$10.00 for members and \$20.00 for non-members.



After the Gathering we would like attendees to join us for dinner at the fabulous Flagstaff Hill Maritime Village. There will be an opportunity for you to enjoy a great social experience and for those interested in maritime history there is a wonderful Audio Visual experience on the sinking of the Loch Ard. The cost for the dinner will be \$25.00 pp. for a Gourmet BBQ and for those who wish to see the show it will be \$25.00 pp.



On Saturday the 28th there will be a tour of sheds around the district culminating in a lunch hosted by Heywood Men's Shed.

As we need to confirm numbers for the various events and organise catering

Please RSVP to me at vmsa@vmsa.org.au



 1300 975 889

 courses@aplgroup.cc



Defib2saveLives
.com.au

Australian Men's Shed Association
SHOULDER TO SHOULDER

Sudden Cardiac Arrest occurs often *without warning*.

The most effective treatment is **defibrillation** via an AED.



30,000
Australians suffer
from Cardiac Arrest
every year



To celebrate this exciting new partnership,

We invite you to an exclusive AMSA member only special.

AFA

HeartOn A10 AED Package

Normally \$1850 RRP

is available to Your Shed for just

\$1550.00

(AED is GST exempt)

*\$20 shipping charge applies (Australia Wide)

Add

Alarmed wall mount cabinet

Normally \$195 RRP

FOR A TOTAL PRICE OF

\$1650.00

(AED is GST exempt)

**\$40 shipping charge applies (Australia Wide)

Both packages include everything you need to ensure you have the right tools to deal with an SCA emergency.

Don't get caught out.

CALL AFA NOW



Corryong Men's Shed receives Australia Day Awards



Shed President Bob Kaighan and Vice President Ray Waters

Corryong Men's Shed received a double endorsement of its fine work in the Northeast. Vice President Ray Waters was awarded the Citizen of the Year for his tireless public service.

The Corryong Shed also received an award for the "Spanner in the Works" program as Community Event of the Year. The Shed heavily promoted the program in the media and in partnership with the Upper Murray Health and Community Service provided health checks for the community.



© Copyright 2010 4 Jokes
He was hired to audit the content on our website.
We found him in a catatonic state at his desk.

GRANTS



City of Casey Grants Update 2015

City of Casey Workshops 2015

Does your community group need new equipment or funding for a much needed project? Learn how to access funding that is available through grants for community groups, schools or not-for-profit organisations.

[Grant Writing Basic Workshop](#)

Wednesday 11 March, 7.00 - 9.00pm
Casey Civic Centre, Magid Drive, Narre Warren

[Grant Writing Advanced Workshop](#)

Wednesday 11 March, 7.00 - 9.00pm
Casey Civic Centre, Magid Drive, Narre Warren

These free workshops are provided for Community Groups based in or servicing the City of Casey. Please book with City of Casey Customer Service on 9705 5200.

City of Casey

[Community Grants](#)

The City of Casey Community Grants offer financial assistance to not-for-profit community groups and organisations which provide programs and events that benefit the Casey community. The Community Grants program aims to encourage the provision of innovative and quality programs and events within the municipality.

Applications close 1 May 2015.

[Community Service Contributions Grants](#)

The Community Service Contributions program is a Council funding opportunity for community service organisations that support and benefit Casey residents. Funding is available to community service organisations currently providing services to Casey residents and organisations that wish to commence providing services to Casey residents, through a primary location or outreach site in Casey, or from a surrounding municipality.

Applications close 1 May 2015.

[Quick Response Grants](#)

The City of Casey's Quick Response Grants provide funds when they are needed at short notice. They assist with emerging projects, new ideas and pilot programs and provide support to community groups and organisations with unexpected costs. This may include organisations that have missed the cut off for other City of Casey grants programs. Quick Response Grants replace Councillor Ward Fund Allocations.

Applications are assessed monthly.

Community Services & Volunteers Grants

[The Andrews Foundation Grants](#)

The Andrews Foundation Grants assist communities who are helping themselves and others in ways that can be sustained into the future. The Trust gives priority to projects which are designed to create and

improve educational opportunities and training for students who are disadvantaged or with disabilities as well as develop, test and implement creative solutions to persistent, difficult social and environmental needs and problems. Requests for small Grants to enable smaller community organisations to begin or continue to make a positive difference in their communities; and requests from organisations that have a major involvement from volunteers in the community are also considered. Only groups with DGR or Income Tax Exempt Status can apply.
Applications close 6 March 2015.

Community Development Grants

CBB's objectives for its Community Development Grants are:

- To assist not-for-profit organisations in the Australian community who serve disadvantaged, disengaged or marginalised individuals.
- To assist not-for-profit organisations that provide advocacy or services to those in need.
- To assist not-for-profit organisations to achieve their social objectives.
- To support services and programs that build capability and capacity of the not-for-profit sector.

Applications close 20 March 2015.

Harcourts Foundation

The Harcourts Foundation provides support that helps, grows, and enriches communities where Harcourts have an office. Only groups with DGR Status can apply.

Applications close 31 March 2015.

Grants for Resilience & Wellness

The Grants for Resilience & Wellness program has a specific focus on providing assistance towards community-strengthening and resilience-building projects for communities affected by the 2009 Victorian bushfires. It recognises that while the fires were in 2009, recovery takes time and an important part of community recovery is having opportunities to connect, share experiences, enhance individual and community wellbeing and resilience, and to build strength and capacity for the future.

Applications close March 2015.

Australia Post Our Neighbourhood Community Grants

The Australia Post Our Neighbourhood Community Grants support projects that align with Australia Post's key areas of focus and key audiences to build healthier, more vibrant and more inclusive communities across Australia.

Applications close 2 April 2015.

Rural & Regional Development

Small Grants for Small Rural Communities

The Small Grants for Small Rural Communities support activities that offer clear public benefit for communities, with populations of 10,000 or less, living in small rural and remote locations in Australia, contributing to their development in social and community welfare, economic, environmental, health, education or cultural areas.

Applications close 27 March 2015.

Featured Ongoing Grants

Ongoing grants are funding opportunities that do not have a deadline date but are open for applications all year round. The following grant is a sample of the many ongoing grants available in a wide range of categories. For details of other ongoing grants, please contact the City of Casey Grants Facilitator on grants@casey.vic.gov.au.

Achievement Grants

The City of Casey's Achievement Grants support residents to participate in state, national and international events or activities as competitors, umpires and adjudicators. This includes sporting, performing arts, visual arts, music, science and technology, and other competitive events or activities. The grant provides individuals residing in the City of Casey with financial assistance to help meet some of their travel and participation costs.

Definitions of Terms

NFP - Not For Profit Organisation

A not-for-profit organisation is an organisation that is not operating for the profit or gain of its individual members, either directly or indirectly.

DGR - Deductible Gift Recipient

A Deductible Gift Recipient is an organisation which is registered to receive income tax deductible gifts and deductible contributions.

TCC - Tax Concession Charity

A Tax Concession Charity is a charity that is endorsed to access a number of tax concessions.

ITEF - Income Tax Exempt Fund

Income Tax Exempt Fund applies to non-charitable funds and is an approval process to access income tax exemption.

Please contact the [Australian Taxation Office](#) for more information, to check your organisation's status or to make an application for a status.

Please note: Whilst every effort is made to ensure the information contained in this update is correct, its accuracy cannot be guaranteed.

Whilst the VMSA is aware some of these Grants are closed or closing we publish them as a guide to available grants.



Working in Dairy Communities Small Grants Program

Sheddies meet the Prime Minister

Laurie Jones, President of Langwarrin Men's Shed reports.

Presentations were made at the Frankston RSL for recognition for work in the Community.

Langwarrin Shed Secretary, Mohamed Hussein and I were invited by Bruce Billson, Member for Dunkley. **Tony's words were to "keep up the good work as Men's Sheds are very vital in an aging Community and also good for Veterans"**.

(No prizes for those who picked Frankston Shed Coordinator, John Baarsma 'Photo bombing' behind Mohammed)



Mohammed Hussein and Tony Abbott PM

Laurie Jones and Tony Abbott PM

Upcoming Events

- **VMSA State Gathering in Warrnambool.**

Friday March 27th 2015

- **VMSA Steam Day Scoresby.**

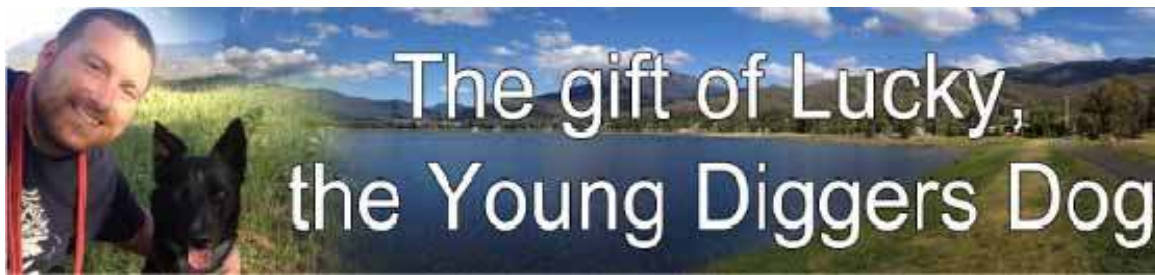
Thursday 7th May from 9am to 3.30pm.

- **6th National Australian Men's Shed Association Conference.**

Saturday 17 October - Tuesday 20 October 2015.

- **VMSA Men's Shed Expo, Queen Victoria Market,**

Sunday 29th of November, 2015



'Lucky'

Paul L'Huillier, Treasurer Mt Beauty & District Men's Shed Reports.

The Mt Beauty & District Men's Shed have a member Josh New who is a 'returned digger'. In 2013 Josh was diagnosed with Post Traumatic Stress Disorder (PTSD) as well as major depression following his three deployments to Afghanistan. He has since left the armed services.

Josh has received a dog Lucky through the 'dogs for diggers program'. Lucky is Josh's assistance and goes everywhere with me. He is trained to help him when my anxiety goes up or when he is feeling overwhelmed. Josh has benefited greatly from Lucky's companionship and wishes to help other 'young diggers' suffering like he was.

Josh is fundraising for 'Young Diggers' <<http://www.youngdiggers.com.au/dogs>> because they have changed not only his but his family's life.

Please help Josh fundraise enough money to save 15 dogs, and put them through training under the Young Diggers program. The cost is \$2,500 per dog, he would love to see 15 dogs for 15 diggers in 2015.

To DONATE click this link

<<https://www.mycase.com.au/page/87133/thegiftofluckytheyoungdiggersdog>>

The Mt Beauty & District Men's Shed in north-east Victoria is right behind Josh's quest and is asking other Shedders to dig deep to support our returned diggers suffering from PTSD.

Northeast Cluster Meeting



SHEDS GATHERING: Representatives from the Ovens & Murray Men's Shed cluster gathered in Wangaratta for a conference on Thursday. Among them were (from left) Stewart Marshall (Victorian Men's Shed Association state secretary), Bernie Morrow (Wangaratta & District Men's Shed president), Jenny Sloan (DHHS), Charlie Parkinson (Wangaratta & District Men's Shed vice-president) and Erin Styles (DHHS). PHOTO: Marc Bongers

Men's Sheds from around the region gathered to share their experiences

By SHANE DOUTHIE

WANGARATTA and District Men's Shed hosted 40 members representing 10 sheds from the Ovens and Murray Men's Shed cluster at a regional meeting last Thursday.

The meetings, which are rotated between the member groups on a regular basis, enable the various sheds to network with each other and hear from guest speakers.

The key discussion point at the Wangaratta meeting was OH&S in men's sheds with speakers including Stewart Marshall, state secretary of the Victorian Men's Shed Association, and representatives from the

Victorian Department of Health and Human Services (DHHS).

Mr Marshall said occupational health and safety was a common concern among member groups but considering the size of the organisation there were very few accidents.

"That probably reflects the age of the members involved...they are generally very careful or experienced," he said.

Mr Marshall said it was interesting to hear different groups raise different concerns and also share common experiences.

"Some groups for instance are not supported by their local councils while others, like Wangaratta,

have a strong relationship with their council," he said.

"I believe all councils should support their local men's sheds...they are a voluntary organisation which does a lot of positive work.

"It's the fastest growing organisation ever in Australia."

The Ovens and Murray Men's Shed cluster includes Wangaratta, Beechworth, Chiltern, Benalla Aviation, Wodonga, Yackandandah, Euroa, King Valley and Bethanga.

Wangaratta and District Men's Shed is located at 99 Shanley Street, opposite the saleyards and meets from 10am to 4pm Monday and Wednesday.

VMSA Secretary Stuart Marshall providing advice and support at the Northeast Cluster meeting in Wangaratta

Congratulations to our Australia Day Award



winner

Marlene Dalziel reports.

Gavin Harrison President of the Hills Men's Shed in Cockatoo was acknowledged at the Cardinia Shire Australia Day Awards and received the Cockatoo Senior Citizen of the Year Award for his contribution towards the development of the Hills Men's Shed. We are fortunate to have a large number of dedicated shedders contributing to many local initiatives and we should let the rest of the world know! Remember to nominate local people at your local council level for next year's Australia Day Awards. It is a small way to thank individuals and is excellent for the shed movement.

So well done Gavin for 2015.

VMSA Queen Victoria Market Men's Shed Expo



After the success of the VMSA Men's Shed Expo at the Queen Victoria Market the VMSA is pleased to confirm the Expo will be held again on Sunday 29th of November, 2015.

This will give sheds from around Victoria plenty of planning and preparation time for the day.

Expressions of interest can be forwarded to me at vmsa@vmsa.org.au

Insurance and Membership Enquiries

AMSA / VMSA membership enquiries.

Please note all AMSA Insurance policies fell due on 01/03/2015, if your shed has not returned your survey or have not yet received an invoice for 2015 – 2016 please call or email AMSA Ph 1300 550 009 or email amsa@mensshed.net

Future Newsletters

This Newsletter is being emailed to the Contact Person at each of the sheds on the VMSA database. We are limited in our ability to send the Newsletter to every shedder and so we ask that as the CONTACT PERSON for your shed please print and display the Newsletter.

If you have something to share with other sheds, write a short article (photos are handy) and send to the Executive Officer vmsa@vmsa.org.au

The VMSA acknowledges the assistance of the State Government of Victoria



Disclaimer

This newsletter is for general information only. The views expressed in this newsletter are not necessarily those of VMSA Committee. Reasonable measures have been taken to ensure that the material contained in this Newsletter is correct. However there is no responsibility for the accuracy or the completeness of the material.

LIST OF VMSA COMMITTEE CONTACTS:

OFFICE BEARERS

President	Phil Keily	pres@vmsa.org.au	Stamford Park Shed
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Treasurer	Anthony Leigh	treas@vmsa.org.au	Keysman Shed
Vice President	Lindsay Oates	vice@vmsa.org.au	Mirboo Nth Shed

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