

# THE SHEDDER

For every man, and his Men's Shed.



BUILDING

# MATES

**MEN'S SHED WEEK**  
**23 - 30 SEPTEMBER 2018**



Australian  
Men's Shed  
Association

SHOULDER TO SHOULDER

SPRING 2018

1300 550 009 | [amsa@mensshed.net](mailto:amsa@mensshed.net) | [mensshed.org](http://mensshed.org)



# Chairman's Report

Paul Sladdin, Chairman

Dear Members,

I'm pleased to have the opportunity to provide my first report as Chair of the AMSA Board of Management. By way of introduction, I have been involved with the Men's Shed Movement since 2001 when I was a founding member of the Mansfield Men's Shed in North East Victoria. As one of the early Sheds we were active in assisting communities around the country to establish new Sheds, informing the Victorian government in the establishment of the first Men's Shed Program as well as being involved in the formation of both the Australian and Victorian Men's Shed Associations.

At the 2009 National Conference in Hobart (perhaps after a few too many refreshments), I was "persuaded" to join the Committee of the VMSA. As a result, I served six years on the VMSA Committee, the last four of these as President. These early years were exciting and rewarding to be part of as the Men's Shed movement gained momentum locally, nationally and internationally with both communities and governments. The success, I believe, was that community-based Men's Sheds openly and freely shared their knowledge and experience with others to promote the benefits of the Men's Shed movement.

Over the past year or so there has been some discussion and confusion surrounding AMSA and State Associations. However, the message I hear as I travel around is that most Sheds aren't interested in this issue and that they prefer one national body. Nevertheless, it's important that we're all united in furthering the wellbeing and health of our members, and men in general. My opinion as a taxpayer is that both the federal and state governments have a role to play – we all pay, in one way or another, both state and federal taxes. Therefore, I believe that there is a role for State bodies to lobby their respective State governments and encourage them to financially support Sheds in their State. However, as a taxpayer I do not like to see my taxes spent on duplication and competitive actions. To this end I have written to all State bodies requesting a meeting to discuss how we can work towards a mutually beneficial and harmonious relationship.

Since becoming Chair, I've had both the opportunity and pleasure to attend several

Shed events around the country. Some highlights have been a sod turning for a proposed Shed at Violet Town, the opening of new Shed at Tallygaroopna and a Shed Gathering in Hervey Bay. The Hervey Bay event was particularly memorable as I met two men who clearly reminded me of the value of Sheds – one who had recently lost his wife and was at risk of harm and the other a young shy and unemployed man who had gained both social and trade skills.

I've been impressed with the response from the Men's Shed movement to the current drought crisis gripping Australia, particularly in NSW and QLD. My thanks go to those many Sheds who have come up with innovative ways to not only raise much needed funds to donate to this situation, but also to those Sheds who have adopted a human touch. As the saying goes "a hand up is better than a handout", and many Sheds have taken time to travel to drought affected areas to deliver personal needs and to talk 'shoulder to shoulder' in the spirit of mateship.

Speaking of mateship, "Mateship" is the theme of 'Men's Shed Week' which we launched at Menshed Wagga Wagga. Mateship is an underpinning value of Men's Sheds and it is important to recognise the friendships that are built in Men's Sheds every day and to remind ourselves that this is what it's all about. The launch was very successful with around 150 people turning up and it was great to see so many Sheds from both NSW and VIC in attendance. Thanks to the Wagga Wagga Shed community for hosting the event and being so welcoming.

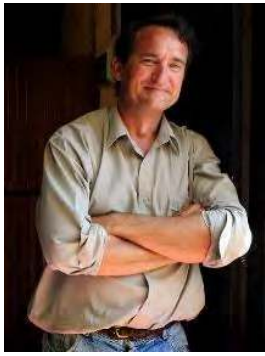
Also, the AMSA Annual General Meeting will be held on 11 October in Newcastle and again I encourage all AMSA member Men's Sheds to attend. If you are unable to attend in person or via electronic means, please complete the Proxy Form which has been posted with the AGM notification to all AMSA member Sheds.

Lastly, I wish to pay tribute to the AMSA staff. They are passionate about the Men's Shed movement, are dedicated to serving you and often deliver more than they are asked.

I welcome your feedback so please feel free contact me at paulsladdin@gmail.com

Regards,  
Paul





# Celebrating Mateship

David Helmers, Executive Officer

Hello shedders,

Having just returned from Ireland after attending the Irish Men's Shed conference, I am amazed at how the Men's Shed movement continues to grow rapidly around the world. With some irony, the largest Men's Shed gathering (or conference) is no longer held in Australia as Ireland now can claim this with over 500 shedders having recently gathered at the Pairc Ui Chaoimh (Cork Stadium).

In many ways this is something that we can all be proud of as we are all contributory to what is now a worldwide movement. Each and every country in which Men's Sheds have developed have a deep appreciation for the men in Australia for giving them the Men's Shed concept.

Time after time I heard stories from shedders of how the shed has played a significant role in their lives, and many of those state that this has even been a life changer for them and always the show their appreciation on a very personal level.

Domestically, this week is "Men's Shed Week" with numerous events being held around the country celebrating the occasion. The theme for this year is "mateship" - which lies at the very heart of Men's Sheds.

Recently we have seen many Men's Sheds get behind programs to support communities affected by the drought crisis, this shows the true spirit of Sheds, looking after each other and the community.

On another exciting note, our preparations for the 8th National Men's Shed Conference are well underway. Our next biennial gathering of the Men's Shed community will be held Tuesday 10 September to Thursday 12 September 2019, at Morphettville Racecourse (South Australia).

To celebrate Men's Shed Week, we have a special Super Early Bird Registration (details below and in our newsletter). This package is a great deal and I encourage you to be quick to secure your place as spaces for this special offer are strictly limited.

Thank you to all the Sheds who recently participated in our 2018 Members Survey. AMSA plays a critical role as a national service provider for Men's Sheds and the information gathered in our survey assists us to plan for the future needs of Men's Sheds. With the development of new Men's Sheds slowing in recent times, our focus is now on supporting a sustainable future for Men's Sheds.

The AMSA team is a small but dedicated group, many of whom have been with Men's Sheds for as long as Men's Sheds have been around. If we can be of any assistance please don't hesitate to contact us.

Regards,  
David





MEN'S SHED WEEK  
23 - 30 SEPTEMBER 2018  
**MATESHIP**

“ SOLVING THE  
WORLD'S  
PROBLEMS TWO  
CUPS AT A TIME ”

BUILDING

**MATES**



Australian Men's Shed Association  
SHOULDER TO SHOULDER

The most important tool in the shed is the kettle. With a hot brew in hand the kitchen table is a quiet corner for two or a Roman forum open for discussion, debate and deliberation.

**Mateship.** It's an unmistakable and unyielding bond. It's unconditional support amidst the toughest conditions. It's a fortitude that brings even strangers together at the best and worst of times. The spirit of mateship has been forged into the history of our country, and lives on in many ways in the heart of every shedder – standing shoulder to shoulder in the fray.





## Men's Shed Week 2018 officially kicks off at Menshed Wagga Wagga

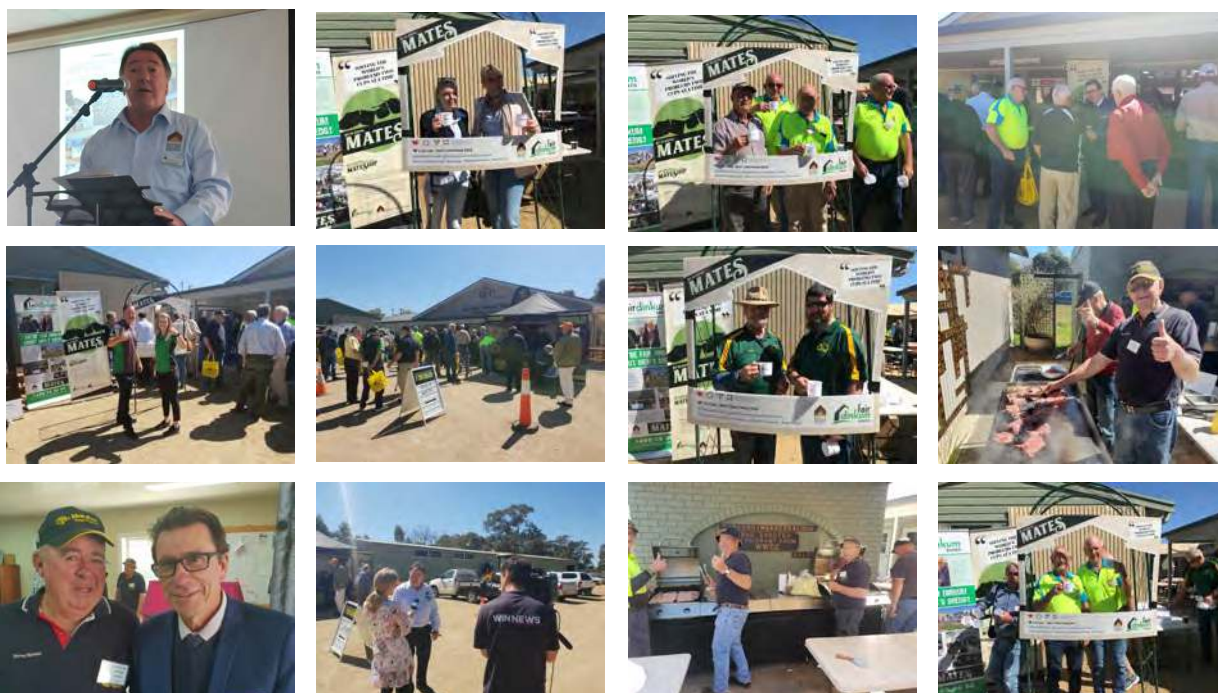
Thanks to the support of long time AMSA partner Fair Dinkum Sheds, Men's Shed Week was officially opened at an event hosted by AMSA's 2017 Men's Shed of the Year, Menshed Wagga Wagga (NSW), on Friday 21 September.

About 150 Men's Shed community members from New South Wales and Victoria gathered at the shed to celebrate an important pillar of all Men's Sheds—mateship.

The official opening was followed by a Shed Open Day with demonstrations and presentations for the local Men's Shed community.

Many thanks to Menshed Wagga Wagga as magnificent hosts for this special occasion.

Don't forget to use the hashtags #MensShedWeek2018 #mateship when sharing your Men's Shed Week activities on Facebook, and send through your photos and stories to [amsa@mensshed.net](mailto:amsa@mensshed.net).





# SHEDDERS' BIG BREAKFAST

CELEBRATING MATES THIS MEN'S SHED WEEK



GET YOUR SNAG ON



TALK FISHING WITH PAUL WORSTELING



RAISING FUNDS FOR OUR MATES AT THE  
PROSTATE CANCER  
FOUNDATION OF AUSTRALIA

JOIN YOUR MATES FOR  
A COFFEE, A FEED  
& A BIT OF FUN!

WEDNESDAY 26 SEPTEMBER  
8.30AM - 11.30AM

SAFETY BEACH - DROMANA MEN'S SHED  
PIER STREET, DROMANA

RSVP WITH NUMBERS TO KEN MAY  
RMAY@BIGPOND.NET.AU OR 0408 382 596

WOOD TURNING & METAL CRAFT DEMOS

PAUL WORSTELING FROM IFISH

SAUSAGE MAKING DEMO

MEGA MEAT RAFFLE & LUCKY DOOR PRIZE

GOLD COIN DONATIONS FOR COFFEE & BREAKFAST

SUPPORTING PROSTATE CANCER FOUNDATION OF AUSTRALIA

FOR PROSTATE CANCER AWARENESS MONTH



Australian  
Men's Shed  
Association  
SHOULDER TO SHOULDER

MEN'S SHED WEEK  
28 - 30 SEPTEMBER 2018  
**MATESHIP**  
SUPPORTED BY fairdinkum SHEDS

SUPPORTED BY

**ExxonMobil**



# Mateship at Eudunda Community Shed

Ruth Colben, Eudunda Community Shed (SA)

*What does mateship mean at the Eudunda Community Shed?*

Our Hub/Shed is not gender-specific. We have men and women, and even a kid, turn up every Tuesday morning. Some are couples, others are independents.

Some are elderly, others are disabled. Some are alone, and for them visiting the shed is an outing to meet and talk with other people.

Some of us are very skilled at certain things, some of us are competent at a number of things and some of us haven't a clue about anything much but want to know a bit more.

Some of the blokes know how to make a milking stand for a goat so they're teaching the kid who owns the goat how to use the saw and the drill and to recycle second-hand timber so that she can make her own milking stand.

Some of the women do mosaic tiling so the first thing they wanted to do is a splash back for the kitchen sink.

The blokes measured up the panels and worked out a way to fix them to the walls and then cleared a space in the shed for everyone to work together on the tiling. For a while, it was just women tiling. They worked away, chatting and laughing, nibbling and cutting tiles and enjoying themselves. Slowly though, some of the blokes would wander past and stop, out of curiosity or to wonder why the women would be laughing so loudly. Gradually, these men started to cut some tiles too and to glue them to the panels they had cut.

Ultimately, men and women would gather at the bench and tile away until the project was finished.

A woman bought an old chopping board in to be restored. One of the blokes spent a lot of time on it and brought it back beautifully. The woman was so pleased, she knitted beanies for the next market day.

Another woman had been making her own soap for years so she taught some of the others how to do it. They made soap to sell at the monthly market and some of the blokes helped to set the tables up and paint the signs.

One of the local auctioneers offered us an opportunity to put on a sausage sizzle at a clearing sale. Women cooked the sausages, men served at the table, men cooked, women served and we all had a fun day together and made a few dollars for the kitty as well.

We think our Hub/Shed epitomizes mateship, where men and women can gather together, work together, help each other out and most of all, enjoy each others' company.

The best thing about the mateship at our Hub/Shed is that every Tuesday, we all sit down at a big table and enjoy lunch together. Members take it in turns to provide lunch from a budget, everyone pays with a couple of gold coins and we sit down at a table and eat together.

Today, we had seventeen people enjoying home-made pasties and soup and this time last year, not one of those seventeen people knew all of the other sixteen.

Now, we eat together like a family, like mates and that's the best part of our Community Hub/Shed.



Welcome to  
**SOUTH**  
AUSTRALIA



Government  
of South Australia



## 8th National Men's Shed Conference



# SAVE THE DATE

10 - 12 September 2019

**Morphettville Racecourse**

Morphettville, South Australia

REGISTER YOUR INTEREST

[mensshed.org/nmsc2019](http://mensshed.org/nmsc2019)





# 8th National Men's Shed Conference

## 10-12 September 2019

The 8th National Men's Shed Conference will be held at Morphetville Racecourse, Tuesday 10 September to Thursday 12 September 2019.

Shedders from around the globe are invited to this gathering of the Men's Shed community in South Australia to share, connect and learn.

As the event draws closer, more information and registration details will be made available. Visit [mensshed.org/nmsc2019](http://mensshed.org/nmsc2019) to register your interest and receive updates.

For questions about the conference, please contact [amsa@mensshed.net](mailto:amsa@mensshed.net).

## Men's Shed Week Super Early Bird Registration Offer

**To celebrate Men's Shed Week, we're offering a limited number of Super Early Bird Registration Packages.**

Starting at \$700 per person, the package includes:

- Full delegate registration with access to all conference and social activities
- Three nights' accommodation at Morphetville Motor Inn (conveniently located across the road from the conference venue) + in-room breakfast

This package will be invoiced over three payments invoiced to you in October 2018, January 2019 and April 2019. Payment terms are detailed in the confirmation email on registration.

Men's Sheds are encouraged to take advantage of this great offer now, with the option to confirm specific delegate details closer to the event.

**Visit [mensshed.org/nmsc2019](http://mensshed.org/nmsc2019) to secure this package today - numbers are strictly limited.**

*This offer will close on Friday 30 November, unless sold out prior.*

Please contact the Conference Secretariat for questions related to this offer:

8th National Men's Shed Conference Secretariat  
[mensshed2019@dcconferences.com.au](mailto:mensshed2019@dcconferences.com.au)  
02 9954 4400



# Generosity of Men's Sheds shines through as drought relief efforts mount

As the situation in drought-affected areas of Australia becomes more dire, the generosity of Men's Sheds continues to shine.

Men's Sheds from across Australia have continued to embrace the spirit of mateship in our network, with a great number of ideas and fundraising drives occurring around the country.

This latest update brings you a summary of recent shed activities and efforts.

We first got a call from a Shed member letting us know they were teaming up with a Shed in a rural area to run a community event and both Sheds were going to attend to help raise spirits in the town, they did not stop there they were sending hay for stock feed as well.

Then a call from another Shed saying they were going out to the heart of the drought to see the need first hand. Their report came in yesterday and painted a bleak picture of dusty paddocks and broken farmers. The Shed are now raising funds by every means possible to give to the Lions drought relief program much needed funds, particularly for fodder.

A Shed threw out a challenge for Sheds across Australia to raise \$1,000 each hoping to hit a \$1,000,000 target and then went and broke their own donation target by not only doubling down but then adding more- over \$2,500

Men's Sheds have pledged and given funds to CWA, Lions, Buy a Bale, Burrumbuttock Hayrunners, Blazeaid to name a few of the organisations on the ground helping our farmers and rural communities. Others are working with local Sheds to send pre-paid visa cards to be spent in local communities by families in need.

Our spread sheet of Shed donations and awesome efforts continues to grow. A great big call out to all the Sheds that have shared their efforts and ideas in New South Wales, Victoria and Queensland-

Shed members are even getting involved individually. We received a call from Brian who with some friends are setting off on the train ('a free train ride at pensioner rates' he says) to country areas to spend some money where it's needed. A great idea for a day trip with friends whilst helping those in need.

Others are supporting others...we have just heard from a Shed that sponsored a runner in the City 2 Surf run that was raising funds for farmers across Australia to the tune of \$582.00, every dollar counts!

Bunnings BBQ's, Giant garage sales, Sheds digging deep from their own coffers, there no end to the awesome efforts of the Shed community. It's all about mateship and the Australian way.

AMSA continues to encourage you all to not only look after yourself but look out for your mates. Sheds are about mateship- it is Australian – friendship one to another, encompassing communities everywhere.

Please send your drought news and support information for posting to [amsa@mensshed.net](mailto:amsa@mensshed.net).







### Muswellbrook Mens Shed

#### SHED MILESTONE

Today was a very proud day in our Shed's history, for over a year our shed has been investing funds made from our Mattress, Can and Bottle recycling programs. These funds have been growing progressively so that our members can specifically direct the funds to the Drought Relief. We have put a few things off in our shed development program specifically to target this area of great need. So today we took the opportunity while our Local Member was present to finally draw on these funds and put them to the voted use. Our Shed Manager Dennis Matthews proudly presented Rod Upton from Muswellbrook Lions Club with a cheque from our Shed for an amount of \$15,000.

Our Local Member stated this would have to be the largest single donation of any Mens Shed in NSW toward Drought Relief. Rod from the Lions was very grateful for the donation and our members were very proud that all our hard work in recycling has finally gone to a very valuable cause being the "Need for Feed" run by the Lions Club Drought Relief Program. We hope these funds will help our local farmers in some way, whether it be fodder, water, paying bills, food.....as long as it helps. We would have loved to have donated more but as a charity ourselves we know how hard it is when time are tough. Good Luck to our local Farmers, we are always thinking of you and dont forget... we are always here for a chat and cuppa when you are in town.



34 7 40

### Oxenford Men's Shed Inc added 2 new photos.

The Men Shed doing there part for the drought all donations go directly to QCWA then to the towns that need it most. a big thanks to Signarama Helensvale #oxenford #menssheds #markboothman #QCWA.



7

Like

Comment

Share

1 Comment 1 Share

### Lightning Ridge Men's Shed Incorporated

last Monday



Peter and Chuck presenting a check for \$1156.30 to the manager of Westpac bank, being money raised yesterday from the Mens'shed breakfast Bbq for the farmers drought appeal. Total money raised was \$2363.85. A big thank you Lightning Ridge for your support

53 6 15







## Buy, sell, swap, advertise: The Men's Shed Trading Post

At AMSA, we often receive requests from sheds to share details about items to buy, swap and sell.

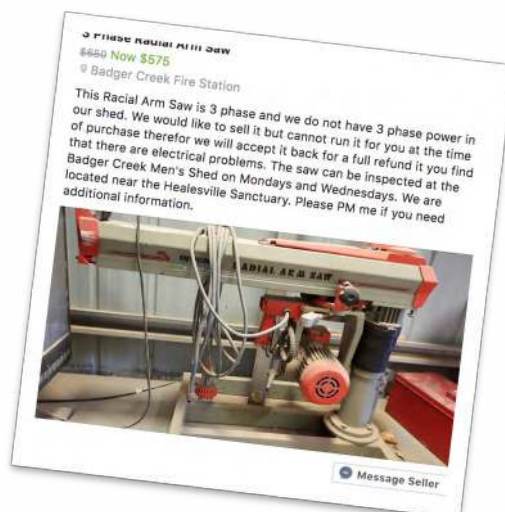
To help our members directly connect we have set up the Men's Shed Trading Post Facebook Group. This group is intended to provide the Men's Shed community with a platform to promote shed events and buy, swap and sell items. Sheds may also use this forum to call out for items they require.

This group is not for the purpose of selling your market wares (you're not here to make a profit out of other sheds) or promoting local community fundraising initiatives unless they are relevant to the Men's Shed community.

The idea is that this is a group to share and connect across the Men's Shed community – not for the purpose of profiting sheds or external individuals/organisations at the expense of others in the Men's Shed community.

We have set out some simple guidelines to help shedders understand the usage of this group, which you can read in full on our website. Visit [mensshed.org](http://mensshed.org) and search for Men's Shed Trading Post.

You can request to join the Men's Shed Trading Post by visiting Facebook and searching for "Men's Shed Trading Post".





# 2019 Shed Life Calendar Orders Open

The second edition of the Australian Men's Shed Association Men's Shed Calendar is about to hit the shelves, and in 2019 we're showcasing "Shed Life".

Men's Sheds from around the country submitted photos that represented life at their Men's Shed. Visit [mensshed.org/2019-shed-life-calendar](http://mensshed.org/2019-shed-life-calendar) to view a copy of the calendar.

All AMSA member Men's Sheds will receive a copy of the 2019 Shed Life calendar in the coming months. Featured Men's Sheds will receive an additional five copies.

## Additional Orders

Pre-order additional calendars to sell or share with shed members, supporters and sponsors.

Additional calendars will cost \$2.00 per calendar (plus postage), with a recommended sale price of \$5.00.

Visit [mensshed.org/2019-shed-life-calendar](http://mensshed.org/2019-shed-life-calendar) to download the AMSA 2019 Calendar Order Form and return to [amsa@mensshed.net](mailto:amsa@mensshed.net).

Orders close on Wednesday 24 October 2018.

For enquiries or more information, please contact AMSA on 1300 550 009 or at [amsa@mensshed.net](mailto:amsa@mensshed.net).





# MEN'S SHEDS GATHERING 2018

## Over 500 shedders gather together for IMSA Shed Gathering in Cork

Turlough Kelly, Irish Men's Shed Association

500 men, 32 counties, four sporting legends, the Queen's favourite fishmonger, and a Lord Mayor. Pairc Ui Chaoimh has never witnessed anything quite like the Men's Sheds Gathering 2018, which brought all the aforementioned to Cork for two memorable days of fun and camaraderie.

Ablly compered by *Irish Country Living* editor Mairead Lavery, the event reflected the enormous strides made by Irish sheds in the space of just a few short years. Michael Ring TD, Minister for Rural and Community Development, opened proceedings via a short pre-recorded video, lavishing praise on the movement and its impact on communities.

Other speakers included Lord Mayor of Cork Cllr. Mick Finn, Fergal Fox of the HSE, David Gillick, Finbarr Kennelly of Haven Pharmacy, Topline ambassador Donncha O'Callaghan and philanthropist Alan Kerins. Four sheds – Kilbeggan, Rostrevor, Dundalk and Ballina – awed the crowds with tales of their achievements, achievements which many in the audience could relate to and, indeed, match.

Throughout the day, hundreds of men thronged our Malehealth.ie.ie Expo, where dozens of partner organisations had set up stands offering resources, advice and freebies on all aspects of men's health.

Day one of the Gathering closed with a gala dinner at Rochestown Park Hotel, while day two included tours of County Cork attractions for those who stayed on.

The IMSA would like to thank each and every shed and shed member who attended for making the day such a memorable one.





# Cockburn Community Men's Shed settles into home after six years in the making

Michele Nugent, City of Cockburn



L TO R: Peter Hodgson, Geoff Webb & Mike Manning of Cockburn Community Men's Shed.

After more than six years in the making, the Cockburn Community Men's Shed (WA) officially opened a new purpose-built facility earlier this year.

Three men who couldn't be more pleased or proud were its inaugural 2013 chairman Mike Manning, current chairman Peter Hodgson and men's shed advocate and current treasurer Geoff Webb, who helped establish the project's vital partnership with the Rotary Club of Cockburn.

The City of Cockburn received resounding support for a local men's shed in response to a 2012 feasibility study, followed by a successful approach to the Rotary Club of Cockburn which agreed to partner in the project's establishment.

The shed's first home was in the old SES building in Wattleup and the plan to provide a permanent base will soon come to fruition, with the finishing touches underway at 2 Sullivan Road, Cockburn Central.

A former member of WA's oldest shed – Fremantle Men's Shed – Mr Manning (76) said he needed somewhere to use his creative skills that included wood and metal work.

"I retired at 70 and my wife said to me 'you are not going to sleep in that chair all day', and now she has to make an appointment to see me," the former designer and builder said.

"And I can be a good listener. It's great to have a safe space for men to come and talk about their issues."

Mr Hodgson (63), a long-standing Rotarian, became chairman in April 2017 and put his project and change management skills honed during his professional life to good use as the men's shed transitioned to its permanent home.

"I'd always intended to join a men's shed because although I don't have any artistic skills, I like pottering about with various projects," Mr Hodgson said.

"But what I really like about the objective is that men's sheds foster, maintain and promote men's physical and mental health and wellbeing.

"Often men don't want to be publicly talking about themselves and there is no pressure to lay on a couch and pour their heart out, here. But when they are ready to talk to another bloke in blokey language, a men's shed is a good place for that."

As a former Rotary Club of Bunbury member, Mr Webb (67) helped establish the Leschenault Men's Shed and was keen to use his experience to help Cockburn's come to fruition.

"It's been a huge effort to get the shed where it is today, and hats off to the City of Cockburn for all their support," Mr Webb said.

For more information about Cockburn Community Men's Shed visit <http://www.ccmshed.org.au/> or email [cocmensshed@iinet.net.au](mailto:cocmensshed@iinet.net.au)



## Jump on the Garage Sale Trail

Pre-loved items are always welcome in a Men's Shed, and often receive a new lease on life at the hands of a crafty shedder!

Recycling is great, but this type of reuse is even better as it extends the life of the stuff we buy and takes pressure off our planet's precious resources. That's why, for a fourth year running, we've teamed up with the folks at Garage Sale Trail as community partner.

The 2018 Garage Sale Trail is set to be the biggest one yet.

Being held over the weekend of 20 – 21 October, the event is a national movement of reuse-loving, community minded individuals who come together to clear out pre-loved stuff and find treasure (and there's lots to be found at a Men's Shed!).

Powered by local councils and the community, the weekend event will be a great opportunity to make new neighbourly connections and set free pre-loved items from cupboards, sheds and garages.

Visit [www.garagesaletrail.com.au](http://www.garagesaletrail.com.au) to register your sale today.







## Queensland Men's Sheds set to benefit from Mason's Father's Day Appeal

Hand Heart Pocket the Charity of Freemasons Queensland is raising funds for Men's Sheds across Queensland while increasing awareness for men's physical and mental health through its 2018 Father's Day Appeal.

Running throughout September and October 2018, the Hand Heart Pocket Father's Day Appeal will see Masonic Lodge's rally together to hold men's health events at Masonic Centres across Queensland, while also raising funds for local Men's Sheds.

Hand Heart Pocket Chief Executive Officer Gary Mark said support for initiatives that improve men's mental and physical health was part of the organisation's long-term strategy.

"We're excited to be launching our Father's Day Appeal this year with our charity partner, Australian Men's Sheds Association (AMSA). Together, we hope to empower more Queensland men to take control of their health," Gary said.

AMSA and local Men's Sheds will team up to support events throughout the 2018 Appeal and deliver free men's health checks as part of AMSA's *Spanner in the Works?* men's health initiative.

"It's a real privilege to be the chosen charity partner of Hand Heart Pocket's Father's Day Appeal this year as there are some real synergies between the community values prized within Masonic Lodges and Men's Sheds," said AMSA Executive Officer David Helmers.

At the conclusion of the 2018 Appeal, Hand Heart Pocket the Charity of Freemasons Queensland will provide AMSA with significant grant funding to support Men's Sheds in Queensland in 2019.

As an independent charity founded by the Freemasons of Queensland, Hand Heart Pocket helps in areas of state-wide and local need that have limited access to other funding. We work with other charities to identify and fund initiatives that have real, life-changing potential. We also collaborate with Masonic Lodges across Queensland and help individuals in times of extreme need to get them back on their feet. We use our funds wisely to give a hand up and to build potential. Visit [handheartpocket.org.au](http://handheartpocket.org.au) to find out more.



# eSafety with Be Connected



eSafety with Be Connected is an educational program, delivered through a series of **free online presentations**, designed to help Australians stay safer online. It was developed in response to our [research findings](#) which showed that many older Australians are keen to develop new digital skills, however, they want **help addressing online safety concerns** to help build their trust and confidence.

## Who can join these presentations?

Our presentations are aimed at Australians with a broad range of skill levels, from absolute beginners to those more confident with digital technology.

## What topics are covered?

Our online presentations cover topics such as common scams and how to spot them, how to shop and pay for things safely online, how to do everyday banking online, and how to connect safely via Facebook. We regularly review our material to ensure the content is up-to-date and new topics are released throughout the year.

## Who we are and what we hope to achieve

The Office of the eSafety Commissioner is responsible for promoting online safety to all Australians, helping them have safer, more positive experiences online. Through our educational presentations, we hope to empower Australians with the knowledge and confidence to get online and safely enjoy all the benefits the internet has to offer.

## What is Be Connected?

[Be Connected](#) is a learning site with free courses on a wide range of topics designed to help Australians learn new skills - everything from how to access the internet, use a device, keep in touch with others online, or learn some fun hobbies such as researching family history.

## How can you help?

You can help us spread the word about online safety by promoting our free webinars to your network. Our [event toolkit](#) includes promotional resources which can be used across newsletters, social media or websites, plus posters and summary sheets for each topic.



### Need more information?

Visit the [Be Connected bookings page](#) to register for a presentation, or if you have any questions about the program, please don't hesitate to contact **Yara Khalife, (02) 9334-7706**, or **Johanna Miscichowski, (02) 9334-7804**.



Office of the  
eSafety Commissioner

[beconnected.esafety.gov.au](http://beconnected.esafety.gov.au)

**Be Connected**  
Every Australian online.



Good news! The Office of the eSafety Commissioner will be hosting free webinar presentations on two new topics throughout October and November. These will be the last for the year, so don't miss out – book your spot today!

### 1. **Staying safe on Facebook**

With over 1 billion daily active users, Facebook is the world's most popular social networking site. It helps people stay connected, especially when they're in different parts of the world. However, it has also been the subject of some privacy concerns. In this webinar we show you how, when used with proper care, Facebook can be an enjoyable source of entertainment and a great way to connect. This 1 hour session will cover:

- What you can do on Facebook
- Taking control of your privacy settings
- Common Facebook scams
- How advertising works on Facebook.

### 2. **Safer online shopping – Christmas edition**

Millions of Australians are enjoying the benefits of shopping online, particularly in the lead up to Christmas when many of us are looking to save time and snap up the latest bargains. Learn how you can be a savvy and safe online shopper while protecting your money and personal information. This 1 hour session will cover:

- How to shop and pay for things safely online
- Common online shopping scams to look out for
- How to spot a fake online deal
- Where to get help.

There will also be a few catch up sessions on some of the popular introductory topics: *Safer online shopping and banking*, and *Can you spot a scam? Tax time edition*.

For more information and to book your spot, visit <https://beconnected.esafety.gov.au/bookings>.

#### **New to webinars?**

If you're new to webinars and would like to find out more about what they are and how they work, visit: <https://beconnected.esafety.gov.au/bookings/#newtowebinars>





# For the Shed Diary

## National Shed Development Programme - Round 17

Advice from the Department of Health states that the announcement of grant round 17 is pending and an exact date has not yet been confirmed. All applicants will be notified by email as soon as AMSA has authorisation from the Department of Health.

## AMSA AGM

AMSA AGM notices have been posted to members. Proxy Forms must be submitted by Tuesday 9 October.

1-30 Sept	Prostate Cancer Awareness Month
22-30 Sept	Veterans' Health Week "Nutrition"
23-30 Sept	Men's Shed Week "Mateship"
26 Sept	Shedders BIG Breakfast celebrating mates for Men's Shed Week Supported by ExxonMobil <i>Safety Beach - Dromana Men's Shed (VIC)</i>
9 Oct	AGM Proxy Forms to be submitted to AMSA
10 Oct	World Mental Health Day  Men's Mental Health Forum "Being a Man" hosted by Monash Men's Shed Supported by Fair Dinkum Sheds <i>Central Reserve Sporting Pavilion, Glen Waverley (VIC)</i>
11 Oct	AMSA Annual General Meeting <i>NEX, Newcastle (NSW)</i>
13 Oct	Men's Mental Health Forum Supported by Fair Dinkum Sheds <i>Playford Civic Centre, Elizabeth (SA)</i>
20-21 Oct	Garage Sale Trail
24 Oct	AMSA 2019 Shed Life Calendar—Orders Close
31 Oct & 1 Nov	Mental Health First Aid Course Supported by ExxonMobil <i>Sale (VIC)</i>
2-3 Nov	Sale Show Get your annual service for free at our <i>Spanner in the Works?</i> stand Supported by ExxonMobil <i>Sale (VIC)</i>
10-12 Sept 2019	8th National Men's Shed Conference <i>Morphettville Racecourse, Morphettville (SA)</i>

Contact AMSA at [amsa@mensshed.net](mailto:amsa@mensshed.net) or on 1300 550 009 for more information on any of these activities.