



Newsletter

NOVEMBER 2015

Her Excellency, The Honourable Linda Dessau AM Governor of Victoria is proud to be the Patron-in-Chief of the Victorian Men's Shed Association

Emailed to a Representative of every Men's Shed in Victoria.

Please print out a copy and distribute to members of your Shed.

In this Month's Newsletter:

CONTENTS PAGE	Page 1
VMSA EXECUTIVE OFFICER REPORT	Page 2
FEDERATION SQUARE SHED OPENING	Page 3/4
YARRAWONGA / MULWALA AGM	Page 5
VMSA AGM GATHERING	Page 6/7
DR HAYES HALL OF FAME INDUCTEE	Page 8
MORNINGTON PENINSULA CLUSTER	Page 9
FOREST HILL SHED OPENING	Page 10
CASEY / CARDINIA ART EXHIBITION	Page 11
TONGALA LAUNCH OF PROF GOLDINGS BOOK	Page 12/13
NHILL REFUGEE PROGRAM	Page 14
AMSA CONFERENCE	Page 15
BOSCH POWER TOOL DONATION	Page 15
PROF BARRY GOLDING BOOK ON SHEDS	Page 17
VMSA FACEBOOK PAGE	Page 18
COMMITTEE CONTACTS	Page 20

VMSA Executive Officer Report

Hi Shedders,

The **VMSA Gathering and AGM was held in Traralgon on Friday the 6th of November**. It was an informative and productive day for all sheds. We were all excited by the great electrical tools donated by BOSCH Australia, the trailer load of abrasives from Stamford shed and a huge pile of plywood was available. The 200 representatives from 70+ sheds really enjoyed the Gathering and VMSA AGM. The Commissioner for Seniors Mr Gerard Mansour was the keynote speaker and his work in Loneliness and Isolation of Seniors was particularly well received. The VMSA was proud to induct Dr Rick Hayes into the VMSA Hall of Fame. Dr Hayes has a long and distinguished history in Men's Sheds and Men's Health. Much of the research into and development of Men's Sheds is owed to Dr Hayes.

Last year the VMSA sourced funding for 5 Defibrillators this year the VMSA committee was proud to get 14 Defibrillators for Victorian sheds. It is an amazing device that we all hope never needs to be used but we have the reassurance that we can use them to save lives.

In a typical show of bi-partisan support for sheds, Jenny Mikakos, Minister for the Department of Health and Human Services invited the previous minister Mary Wooldridge to the opening of the Federation Men's Shed, The shed was funded during Mary's time as Minister. Together with another great supporter of the Federation shed Melbourne Lord Mayor, Robert Doyle they opened the new shed at Federation Square.

It was my pleasure to be invited to the Yarrowonga / Mulwala Men's Shed AGM. The shed is a wonderful place on the Yarrowonga Showgrounds. I was particularly impressed with their program with a local Nursing Home where they organise residents to attend the shed weekly so the men don't miss out on some fun.

The VMSA was pleased to be invited to the Mornington Peninsula Shed Cluster, not many sheds can put on Steam Train rides, which I enjoyed immensely. This is a great challenge to Cluster meetings to be creative and entertaining.

The VMSA welcomes the Forest Hill Men's Shed as a new member to the Association. The shed is located on the grounds of the Forest Hill College and is a partnership between the school and a local church

The VMSA is happy to provide our **members** with our logo to display on their documents and websites we have attached a logo to this email for your use. The VMSA has been offered some fantastic equipment and materials which have been snapped up through Special Email Bulletins and being posted on our Facebook page. Sheds secured saw benches, plywood & chipboard sheets and even portable buildings last month. This month we have had a Boring machine, hand tools and timber sheets.

[It pays to be a VMSA member and be linked to our Facebook page.](#)

We are coming into the AGM season and I would like to thank the sheds who have been updating me with any changes to their committees contact details and email addresses so we can update our database.

Ric Blackburn

VMSA Executive Officer.



Opening of Federation Square Men's Shed



Dignitaries gathered to open the Federation Square Men's Shed.



Shadow Minister Mary Wooldridge and Lord Mayor Robert Doyle looking on as Mary Mikakos Minister for Health and Human Services opened the shed

Yarrowonga / Mulwala AGM



(L-R) Roz Nam DHHS Regional Community and Economic Participation Team Leader.

Frank Malcolm Shire of Moira & Ric Blackburn VMSA

VMSSA 2015 AGM



VMSSA committee members Bob Forde presenting one of the 14 Defibrillators sourced by the VMSSA for sheds.

VMSSA 2015 AGM



Traralgon Tennis Association was packed to the rafters with almost 200 Sheddies representing 70 + Sheds



Mirrboo North Shed receiving a Defibrillator.

Inaugural Inductee into the VMSA Hall of Fame



Dr Rick Hayes was a worthy inductee into the VMSA Hall of Fame for his years of service to the Men's Shed Movement in Victoria.

Dr Hayes has been an ardent supporter of men's health and men's sheds for nearly 20 years. He has contributed much, through his position as Senior Lecturer in Men's Health at Latrobe University, to the growing amount of research into men's health and sheds. Dr Hayes is quoted by academics and practitioners all over the world as a recognised expert on men's sheds.

Mornington Peninsula Cluster Meeting



VMSA EO Ric Blackburn enjoying a Train Ride

Susan Reynoldson Community Project Officer at the Mornington Peninsula Shire organised a great Cluster meeting at the Moorooduc Railway Men's Shed.

John Drysdale wrote the following to Susan,

"I very belated but sincere thanks for organising the cluster Train Trip. The fact that so many attended shows how much it was worth the effort and the many comments I've had proved how much everyone enjoyed the day and the chance to meet with fellow shedders. Congratulations for the way it was promoted and organised. The surprise gifts were an extra bonus. The feed-back from other sheds was most interesting and with so many in the development stage, there is work to be done by the Cluster by way of support for them. Your personal commitment to Sheds is much appreciated as is the interest shown by the Shire. It was great that Ric Blackburn from the VMSA could attend and that recognises the value the VMSA puts on these Cluster gatherings.

Again our sincere thanks"

Peninsula North and Western Port Sheds.

Opening of the Forest Hill Men's Shed



VMMSA EO Ric Blackburn & AMSA Health Officer Gary Green at the opening of the Forest Hill Men's Shed

Recommended excursion for sheds.

Summer at Parliament
Taste the flavours of summer at
Victorian Parliament from December to March
*not available on Sitting days

Chefs 2 course Lunch \$28.50 pp
Glass of House Wine

Main - Poached Atlantic salmon, baby potato, rocket, tomato, cucumber & fine herb salad, lemon dressing

Dessert - Pavlova, strawberries & cream
Tea & coffee

11.30am-2pm
*minimum of 10 per group
Bookings Required

Tour of Parliament
Take a tour of one of Melbourne's best known landmarks - experience the library with its grandeur and beauty, Queens Hall, the Premiers Corridor and both the Council and Assembly Chambers.

Book a group tour by calling Tour Booking Office 9651 8568 or email: tours@parliament.vic.gov.au

Tours are free of charge

Casey / Cardinia Woodart Exhibition.

love woodart : you'll love

Casey / Cardinia Grand Woodart Exhibition

18 - 20 March 2016



Cardinia Cultural Centre,
Lakeside Bvde, Pakenham

Be Surprised

BERWICK DISTRICT WOODWORKERS CLUB INC

In association with Provenance Artists Inc
proudly present & invite you to exhibit at this

PREMIUM CREATIVE WOODART EXHIBITION

You are invited to enter sections:

- 25: Turned Item - Bowls & Boxes
- 26: Turned Item - Spindle & Other
- 27: Furniture & non-turned Boxes
- 28: Freehand Carving (including rocking horses)
- 29: Other (including pyrography, intarsia, scroll saw, etc.)

In one of the following Categories:

- Open:** Anyone not eligible to enter another Category
- Emerging:** Anyone who has not previously won an award at an open exhibition
- Student:** Any secondary student or full time TAFE woodworking student



Entry Fees: Base size up to 30 x 30 cm \$10, Larger than 30 x 30 cm \$15, Floor Standing \$20
Entries close: 24 February 2016

Full details, conditions of entry, & printable entry forms available at: www.artshowsofoz.com

Launch of Barry Golding's book on Victorian Men's Sheds at Tongala.



Adjunct Professor Barry Golding "Bringing it all Back" to Tongala shed.

The Dick McGowan Men's Shed
Officially Opened
by
MRS. SHARMAN STONE M.H.R.
FEDERAL MEMBER FOR MURRAY
on
26th JULY, 1998.

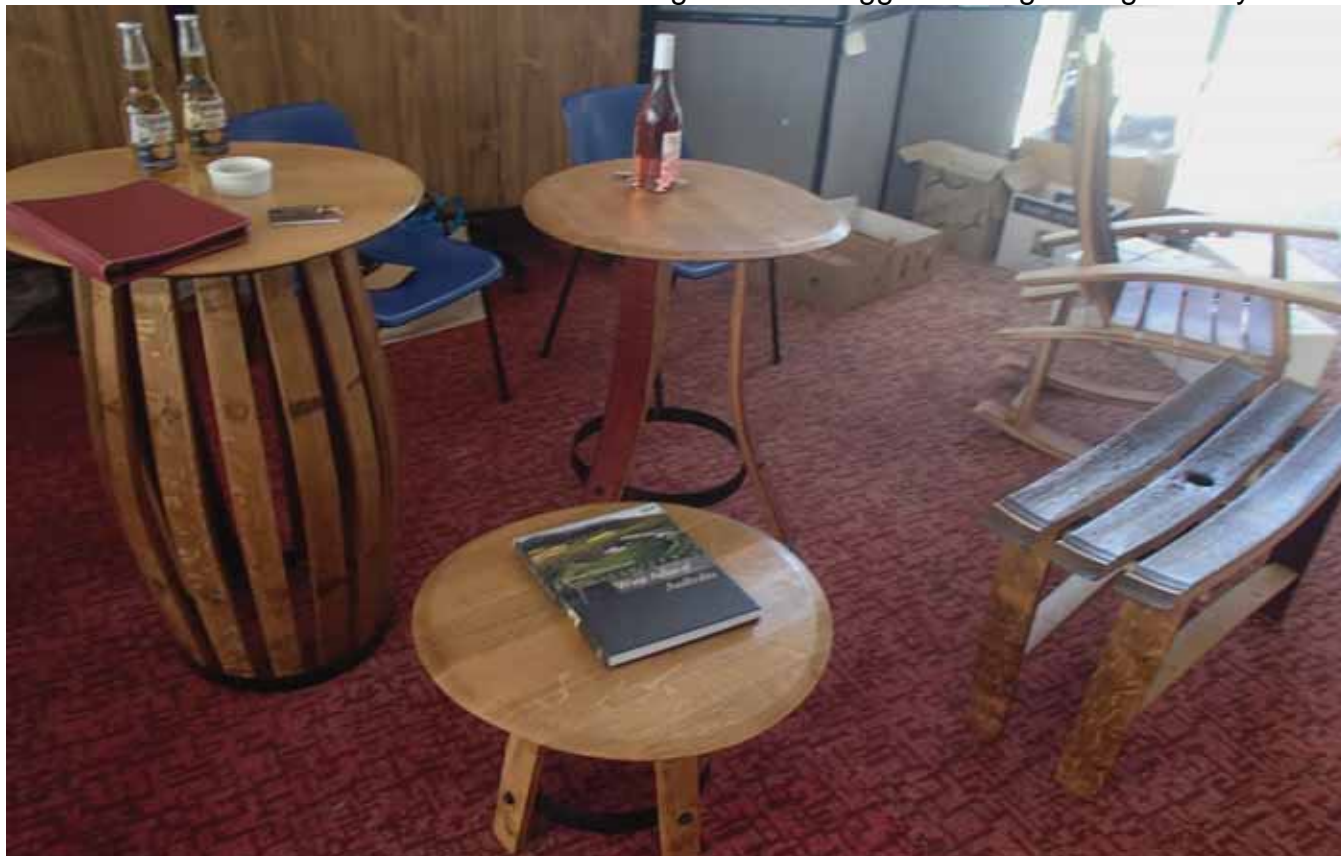


Ruth McGowan widow of Dick and original Tongala Men's Shed member.

Barwon Cluster Men's Shed Day



VMSSA committee member Bruce Ward thanking Amanda Miggins for organising the day



Furniture made for recycled wine barrels


Launch of the Karen Refugee program at the Nhill Men's Shed.



Emma Kealy MP for Lowan, Debra Nelson, Mayor and Wendy Robins Deputy Mayor of Hindmarsh Shire Council,

LIFE BEFORE THE COMPUTER

- * Memory was something that you lost with age
- * An application was for employment
- * A program was a TV show
- * A cursor used profanity
- * A keyboard was a piano
- * A web was a spider's home
- * A virus was the flu
- * A CD was a bank account
- * A hard drive was a long trip on the road
- * A mouse pad was where a mouse lived
- * And if you had a 3 1/2 inch floppy
...you just hoped nobody found out



AMSA National Conference



Celebratory firing of the Fort Scratchley cannon



(R) VMSA recently elected VMSA committee member, David Mudge being shown around the Swansea shed near Newcastle.

Bosch Power tool donated to Manningham Shed



**Peter Ashmore, Coordinator of Manningham Men's Shed
accepts a Cordless Drill donated Robert Bosch Aust.
Sourced by the VMSA**

LAUNCH OF PROF BARRY GOLDING'S SHED BOOK



ISBN – 978-1-61229-787-3
433 Pages

Community Website:
agingandsociety.com

Bookstore:
agingandsociety.cgpublisher.com

The Men's Shed Movement: The Company of Men

Barry Golding (ed.)

Invented in Australia, the remarkable men's shed movement has spread from the back blocks of Australia to reach a total of more than 1,400 Men's Sheds in diverse countries on opposite sides of the world.

This book provides a fascinating, carefully evidenced and definitive story of men's sheds for the first time. It is a book and movement whose time has come. Many nations are struggling to meet the needs and interests of men beyond the workplace. Over two decades, the men's shed movement has mushroomed from the ground up to become a strongly networked international movement, not only in Australia, but now Ireland, the UK, New Zealand, and continental Europe.

How and why this has happened and what the evidence and research means for service providers, communities and the men in the men's sheds movement is thoroughly explored. Lead author, Professor Barry Golding, Federation University Australia, is the respected world expert in the field, being a patron of the Australian Men's Shed Association and the winner of the coveted *Ted Donnelly Award* in 2013 for his "outstanding contribution to the men's shed movement."

Editor Bio:

Barry Golding is an adjunct professor of education in the Faculty of Education and Arts, Federation University Australia, Ballarat. Barry has extensive research experience in all adult learning sectors. In the past 25 years his research has focused mainly on equity and access in adult and community education, with a recent emphasis on learning experienced by men informally through participation in community organisations. He has completed many national and international studies of men's learning and wellbeing through community participation including men's sheds. Barry is honorary patron of the Australian Men's Sheds Association and a board member of Adult Learning Australia.

To order your copy, please visit agingandsociety.cgpublisher.com. Paperback copies are \$30 USD + shipping and e-Books are \$10 USD.

Alternatively, copies in Australia are available for \$40 AUD + shipping directly from Barry Golding. Please contact him at b.golding@federation.edu.au.



Mornington Peninsula Cluster

- November **Sponsors, Donors and Partners**

The focus of this get together will be hearing from our Shed colleagues of how they have gone about obtaining Sponsors etc.

- December **Xmas Party**

This get together will feature some wholesale and retailers who may be willing to provide us with some giveaways whilst promoting their brands.

Gary Rogers, BA (Monash), Cert IV Training and Education (PTEP), Cert IV Small Business Operations, Committee of Management Trainer (ACFE)

Secretary Southern and Peninsula Men's Shed Cluster, Box 132 Peninsula Parklands, 249 High Street Hastings VIC 3915 Tel - 5979 8323 Mobile – 041 179 5940 Email – grass09@satlink.com.au

VMSA Facebook Page

The VMSA has received a number of queries and requests to find an avenue that sheds can easily list & advertise surplus items they have that they wish to donate to other sheds, or to promote activities that the shed are involved in - such as market days, or fundraisers.

The VMSA has recently created and trialled a Facebook page, this is now available to all sheds and shedders to join, and to place your ads and info on.

Please note this is not the avenue if you wish to sell your surplus good, it is only if you want to donate the goods.

There are plenty of sites available such as eBay or Gumtree if you are looking to sell an item,

The Facebook page is VMSA - Public Notices, you can search for it or go to <https://www.facebook.com/groups/376075325824722/>

Happy posting.

Membership Enquiries

Please contact the VMSA Secretary on sec@vmsa.org.au

Future Newsletters

This Newsletter is being emailed to the Contact Person at each of the sheds on the VMSA database. We are limited in our ability to send the Newsletter to every shedder and so we ask that as the CONTACT PERSON for your shed please print and display the Newsletter.

If you have something to share with other sheds, write a short article (photos are handy) and send to the Executive Officer vmsa@vmsa.org.au

Victorian Men's Shed Association acknowledges the support of the Victorian Government



Disclaimer

This newsletter is for general information only. The views expressed in this newsletter are not necessarily those of VMSA Committee. Reasonable measures have been taken to ensure that the material contained in this Newsletter is correct. However there is no responsibility for the accuracy or the completeness of the material.

LIST OF VMSA COMMITTEE CONTACTS

President	Phil Keily	pres@vmsa.org.au	Stamford Park Shed
Secretary	Bruce Ward	sec@vmsa.org.au	Ocean Grove & District Shed
Vice President	Lindsay Oates	vice@vmsa.org.au	Mirboo Nth Shed

COMMITTEE

Rob Butler	r.butler@vmsa.org.au	Cobram Shed
Barbara Look	b.look@vmsa.org.au	Milpara Shed
Bob Forde	b.forde@vmsa.org.au	Beaufort Shed
Barry Watson	b.watson@vmsa.org.au	Heywood Shed
Geoff Witmitz	g.witmitz@vmsa.org.au	Horsham Shed
David Mudge	d.mudge@vmsa.org.au	Drouin Shed