

Newsletter

November 2014

His Excellency Alex Chernov AC QC Governor of Victoria is proud to be the Patron-in-Chief of the Victorian Men's Shed Association

Emailed to a Representative of every Men's Shed in Victoria.

Please print out a copy and distribute to members of your Shed.

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SAVE THE DATE!

You're invited to the

6th National Australian Men's Shed

Association Conference

Saturday 17 October - Tuesday 20 October 2015

Newcastle/Hunter Region NSW

VMSA Executive Officer Report

Welcome to the VMSA Newsletter.

Hello fellow Shedders.

What a month we have had several great events around Victoria. The VMSA EXPO at the Queen Victoria Market was very successful. The Barwon Cluster had their fabulous "Men's Shed Local Day" at the Moolap shed on the Bellarine Peninsula. We will be having a more detailed report from our new committee member representing the Barwon region Bruce Ward in the January edition. The other fabulous event was the Men's Shed Day held in Bendigo by the local sheds.

Congratulations to the **Stanhope and District Men's shed** which had its official opening this month. Rob Butler from the VMSA committee attended and was extremely impressed with the community support the Stanhope shed enjoys.

I was lucky enough to drop by a shed this month which was having a Boot Sale to raise funds. They were wearing nice matching shirts with the shed name on the front and back and the name of a local Real Estate Agent on the right side of the shirts. The Agent was happy to sponsor the shirts as advertising and the shed guys got free shirts!

VMSA President Phil Keily with Gary Rogers from Chelsea shed were down on the Mornington Peninsula to support the **Mt Eliza Men's shed open day**.

It is great to see the local peninsula sheds supporting new sheds and the cluster being revitalized as well.

The VMSA has been active in identifying training and information needs of sheds around the state. We have been lucky to secure some **free governance training** for shed committee members in sheds in the Mitchell Council area. Any shed that would like to take advantage of this training please contact me.

On a more entertaining subject the VMSA Steam Traction Engine Day will be held again in Scoresby in early 2015

Let me take this opportunity on behalf of the VMSA to wish all the Shedders and their loved ones around Victoria a safe Christmas and a prosperous New Year.

It is wonderful to receive invitations to events in sheds around Victoria and the VMSA will endeavour to have a representative attend where possible. Please forward any notifications of events to me so I can include them in our newsletter and arrange our attendance.

vmsa@mensshed.net

Ric Blackburn

VMSA Executive Officer.



Mt Eliza blokes call shed home



Blokes' day: Members of Chelsea men's shed (left, far right and second right) with Mt Eliza area councillor Andrew Dixon (second from left), state men's shed president Phil Keily, men's shed co-facilitator Gary Rogers and local MP David Morris at the expo. *Picture: Leigh Eustace Mornington News*

Formation of a men's shed group in Mt Eliza is closer to fruition after a recent expo at Mt Eliza Country Club. More than 50 men attended the expo, which included displays by Chelsea and Mornington men's sheds showing items made by members and activities.

The project is being driven by Mt Eliza Village Neighbourhood Centre which has signed an agreement with the country club to use its facility at 32 Old Mornington Rd. A planning group has been formed to guide the process. Activities are likely to include woodwork, automotive, health information and gardening. The expo was organised by Gary Rogers of Chelsea men's shed, Victorian Men's Shed Association President Phil Keily, Don Reeves of the Neighbourhood Centre, and Matt Kirk of the Country Club.



Members of Rotary Club of Mt Eliza provided the all-important sausage sizzle with goods donated by Mt Eliza IGA and Bakers Delight.

A public meeting for men interested in the project will be held Wednesday 10 December, 10am-midday, at Mt Eliza Country Club.

VMSA Annual General Meeting



Greg Cowie from Chevron Tools.

Greg Cowie (**0419 388 463**) is a regular supporter of Men's Shed events and always puts on a great demonstration of the wonderful metalwork that can be produced by his tools.



M/s Georgie Parker the Parliamentary Secretary for Health presenting Defibrillators to the Wendouree, Buninyong and Ballarat Community Sheds.

The VMSA was fortunate to secure funds to purchase these three Defibrillators for Sheds in the Ballarat area. We wish to thank the Joe White bequest for their generous donation. These defibrillators will be installed in the Wendouree, Buninyong and Ballarat Community sheds and hopefully will assist in helping more of our Shedders to be safer in our sheds.

Outgoing VMSA President Paul Sladdin addressing the VMSA AGM & Gathering



Paul had just returned from the International Men's Sheds Festival 201 in Dublin Ireland



"You're supposed to say 'I do,' not 'I'll try."











Australian Men's Shed Association Shoulder to Shoulder

Sudden Cardiac Arrest occurs often without warning.

The most effective treatment is **defibrillation** via an **AED**.



30,000
Australians suffer from Cardiac Arrest

every year



To celebrate this exciting new partnership,

We invite you to an exclusive AMSA member only special.

AFA HeartOn A10 AED Package

Normally \$1850 RRP is available to Your Shed for just

\$1550.00

(AED is GST exempt)
*\$20 shipping charge applies (Australia Wide)

Add

Alarmed wall mount cabinet

Normally \$195 RRP

FOR A TOTAL PRICE OF

\$1650.00

(AED is GST exempt)
**\$40 shipping charge applies (Australia Wide)

Both packages include everything you need to ensure you have the right tools to deal with an SCA emergency.

Don't get caught out.

CALL AFA NOW

A Christmas Story from Gary Walters, Secretary of the Westernport Men's Shed.

Once upon a time,

on the Mornington Peninsula, the Westernport Men's Shed were approached, with an idea. After time, and knowing the use of this tree was coming up (date critical) it was decided to give it a go. However, the Shed concerned has no storage for anything.

It was then decided, by the Secretary, Ok let's make one. Problem, no old fencing, no storage. Assisted by our toy maker of some repute (Frank). We made our first prototype. We had a number of the fairer sex come in and have a look, they all wanted one. OK, maybe the Shed can make some \$\$\$ from it. The original prototype was displayed in a Real Estate Agent. From that stage on, using the Sec's vehicle as a promotion board, the response was unbelievable



The process of producing these Trees is as follows:

- 1. Find the pailing's:
- 2. Transport them to the Shed;
- 3. Dis assemble said pailing's;
- 4. Machine said pailing's (Size etc, etc, etc);
- 5. Locate base for them, with associated cost;
- identify cheapest centre post;
- 7. Ensure the Washers (Centre post covers) are of an appropriate size.
- 8. Drill centre holes;
- 9. Put it all together.
- 10. Finally deliver it (Will be on display at the Bunning's Hasting's Store after 02 Dec 14).

Anybody visiting the Mornington Peninsula, our original tree is on display at Ray White Real Estate in Hasting's.

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VMSA Queen Victoria Market Men's Shed Expo

Sunday the 16th of November saw the Inaugural Queen Victoria Market EXPO kick off to a cool and rainy morning. As the day progressed the sun came out and so did the people.

Gary Green the AMSA Community Engagement Officer, ran a great 'Spanner in the Works" stall with some volunteer doctors. We had several stalls representing Health providers such as the Heart Foundation and Diabetes Australia. They were very popular and the health messages were flowing thick and fast!



The VMSA information stall attracted a lot of people due to all the antique tools on display.

Sheds such as Northern, Croydon Werribee, Pines and Berwick Woodworkers had quality items that generated quite a few sales. A special thanks goes to James Dredge from Werribee shed who really organised the EXPO.

Negotiations are already taking place to arrange another EXPO next year so stay tuned for your opportunity to have some fun and make some money.

VMSA Queen Victoria Market Men's Shed Expo cont.



Two Coffee tables which are fine examples of quality work from the Northern Men's Shed



Waverly Woodworkers' Rocking Horse & Northern Sheds' Hearse being admired by Northern Men's Shed, President Graham Pendlebury and VMSA Executive Officer Ric Blackburn.

Benalla Men's Shed with their new Sander courtesy of the VMSA donated by BOSCH Australia.



The Benalla members in the photo are. Clyde, Peter, Aub and Dick

Desma Versteegen the **Benalla Men's Shed** PR person reports as the shed has only just started up again and they have almost no equipment.

If any shed could help with some of the following items they would be very grateful.

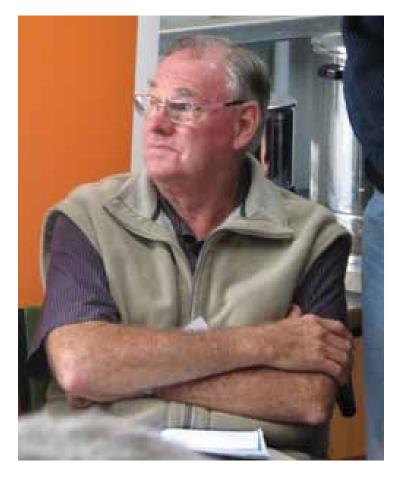
Floor Paint (to seal the concrete floor with as dust is a huge problem), Drill press, Bench Grinder, pop rivet gun, metal squares, magnetic angles, heavy duty staple gun, Filing cabinet, Clamps and Vice grips.



In Memoriam members of the Port Fairy Men's Shed



Roger Swifte



Don Stephens

Stephen Joblin from Flowerdale Men's Shed writes

It's not just about the tools...

At the Flowerdale Men's Shed, the cornerstone of mateship has evolved not over the lathe or the work bench but over a cuppa and a Men's Shed Choir. We would love to hear from any other Sheds who have done a similar thing (we think that we are unique!).

Our Shed has been open less than two years and while we are well equipped thanks to strong support from our friends Whittlesea Lions and Lions International, most of our members have not yet retired and don't have time to make a lot of use of the tools. Yet, finding 2 hours on an evening once a week, is very do-able.

Between 5 and 10 of our members, gather at 7 pm once a week. Most of the time we do actually sing under the baton of local Shedder and musician; David Thompson. Sometimes it becomes a 'therapy' session if one or more have had some challenges during the week, but that's o.k. because that's what we reckon choir practice is all about! On 'therapy nights' we might sing one chorus of 'Silent Night' so we can truthfully tell our partners that we did actually have choir practice



The Flowerdale Men's Shed Choir has had a gig or two though. The first was Christmas in July at our local hotel, entertaining 80 diners. Our second outing was for Remembrance Day where one or two of our younger members discovered Vera Lynn for the first time. We are only a small community here at Flowerdale (around 410 people at the last census), but 75 people attended Remembrance Day including around 25 children from our local Primary School.

Our next gig is with the children for their end of year breakup. 'Jingle Bells' and Rudolph the Red- nosed Reindeer' are on the menu as well as the Shed Choir favourite 'Silent Night'.



In a community that is beginning to move ahead from the traumas of the 2009 bushfires, the Flowerdale Men's Shed Choir has touched the hearts of many in the community already and will continue to do so.

Another important strand to the Flowerdale Men's Shed bow has been the commitment to our Family Violence Initiative. The Shed has taken a stand against Family Violence and challenges all good men in the Shed movement to reflect on attitudes to women and children and encourages men to foster and promote equity and respectful relationships. As a part of this commitment, Flowerdale Men's Shed manned a marquee at the 100th Yea Show on behalf of the Murrindindi Men's Shed Cluster contributing to 'White Ribbon' Day. The marquee provided material on men's health (you know all those pamphlets that get sent to Sheds and sometimes don't see the light of day?) and also promoted the message of respectful relationships and saying no to Family Violence.



Among the visitors to the Murrindindi Men's Shed Cluster Marquee were M.P. for Eildon, Cindy McLeish and Federal member for Indi; Cathy McGowan, both of whom expressed their support for Men's Sheds.



Have a safe and happy Christmas

Regards,

Flowerdale Men's Shed

0412 334 521



From the desk of the VMSA Secretary.

At the AGM in September I was asked to take up the role of State Secretary for the VMSA, and as I had been a committee member for the previous year I am pleased to offer my services.

As background I have been the President of the Euroa men's Shed Inc. for the last 3 years and as such had the opportunity to see it grow from a new build to now a well-established and financially sound shed.

In taking on the role of state secretary the first matter which needs to be attended to is **contact names and telephone numbers of ALL the sheds in the State**. At present there are some 272 sheds in Victoria listed.

Most importantly, for those sheds who are members it is of paramount importance that your shed contact details are correctly shown. All sheds would/should have conducted an AGM at some stage this year and it is highly likely that they have appointed new committee members BUT many have omitted to update the sheds contact details with the AMSA & VMSA. As a result we receive a number of calls from people looking to contact their local shed.

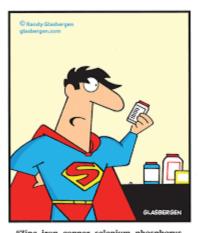
Therefore **PLEASE** take the necessary time to update all your details not forgetting that they can appear in several areas... i.e. Web sites; Local council contact lists; state data basis such as "Find someone near you"; AMSA and the VMSA etc.

In reference to sheds who have chosen not to be members of either AMSA or VMSA we are not able to offer support or service. They will from time to time receive our newsletter via email (providing the contact email is active and correct) this being provided in the hope that they will join up.

That's it for now, mean time guys enjoy the forthcoming festive season take a well-earned break and we will catch up with you all in the New Year.

Stuart Marshall

VMSA Secretary



"Zinc, iron, copper, selenium, phosphorus, potassium, magnesium, kryptonite — uh oh!"

Opportunities



City of Casey Grants Update November 2014

Welcome

Welcome to the November edition of the City of Casey Grants Update. This month's edition covers grant programs available during November and December 2014 and January 2015.

City of Casey Workshops 2015

The Grant Writing Workshop series will continue in 2015. Workshops will commence in March. Stay tuned for dates. These free workshops are provided for Community Groups based in or servicing the City of Casey.

City of Casey

Quick Response Grants

The City of Casey's Quick Response Grants provide funds when they are needed at short notice. They assist with emerging projects, new ideas and pilot programs and provide support to community groups and organisations with unexpected costs. This may include organisations that have missed the cut off for other City of Casey grants programs. Quick Response Grants replace Councillor Ward Fund Allocations. Applications are assessed monthly.

Perpetual Trustee IMPACT Philanthropy Grants

The Perpetual Trustee IMPACT Philanthropy Grants support a wide range of not-for-profit community groups. Charitable trusts and foundations managed by Perpetual Trustees distribute to Social Welfare, Health, Medical Research, Conservation and Environment, Education and Arts and Culture. Only groups with DGR and TCC Status can apply.

Applications close 5 December 2014.

Harcourts Foundation

The Harcourt's Foundation provides support that helps, grows, and enriches communities where Harcourt's have an office. Only groups with DGR Status can apply.

Applications close 31 December 2014.

ANZ Staff Foundation Grants

The ANZ Staff Foundation Grants support projects run by charitable organisations which offer a direct and tangible benefit to local communities in the areas of education and employment, urban and rural economic and social divides; financial capability and urban sustainability. Only groups with DGR Status can apply. Applications close 15 January 2015.

Infrastructure Grants

National Stronger Regions Fund

The National Stronger Regions Fund supports capital projects which involve construction of new infrastructure, or the upgrade, extension or enhancement of existing infrastructure. Projects should deliver an economic benefit to the region beyond the period of construction, and should support disadvantaged regions or areas of disadvantage within a region.

Applications close 28 November 2014.

Saluting Their Service Commemorations Grants

The Saluting Their Service Commemorations Grants support projects and activities which directly commemorate Australia's servicemen and women who served in wars (not First World War), conflicts and peace operations. The grants also promote appreciation and understanding of the role those who have served have played in shaping the nation. There are two categories, Community Commemorative Grants and Major Commemorative Grants.

Applications close 3 January 2015.

Culturally and Linguistically Diverse (CALD) Seniors Grant

The CALD Seniors Grants support projects to help find isolated CALD Seniors and connect them to existing or new support networks and activities.

Applications close 30 January 2015.

Featured Ongoing Grants

Ongoing grants are funding opportunities that do not have a deadline date but are open for applications all year round. The following grant is a sample of the many ongoing grants available in a wide range of categories. For details of other ongoing grants, please contact the City of Casey Grants Facilitator on grants@casey.vic.gov.au

Australian Communities Foundation

The Australian Communities Foundation supports a range of charitable organisations and projects each year. Grants are made to specific projects and/or to purposes that support the ongoing activities of organisations. With over 200 sub-funds, Australian Communities Foundation provides over 500 grants annually that:

- Fall broadly into the areas of arts & culture, community development & advocacy, community services & welfare, disability, education, training & employment, environment, health & medical research, overseas aid & development.
- Support specific target groups, including Indigenous communities and refugee/asylum seekers

Only groups with DGR and TCC Status can apply.

Definitions of Terms

NFP - Not For Profit Organisation

A not-for-profit organisation is an organisation that is not operating for the profit or gain of its individual members, either directly or indirectly.

DGR - Deductible Gift Recipient

A Deductible Gift Recipient is an organisation which is registered to receive income tax deductible gifts and deductible contributions.

TCC - Tax Concession Charity

A Tax Concession Charity is a charity that is endorsed to access a number of tax concessions.

ITEF - Income Tax Exempt Fund

Income Tax Exempt Fund applies to non-charitable funds and is an approval process to access income tax exemption.

Please contact the <u>Australian Taxation Office</u> for more information, to check your organisation's status or to make an application for a status.

Please note: Whilst every effort is made to ensure the information contained in this update is correct, its accuracy cannot be guaranteed.

New VMSA committee member Bob Forde reports:

I recently had a visit to Beaufort Men's Shed by local National Party candidate, Scott Turner, former 144 game footballer for Richmond.



Bob Forde and Scott Turner (foreground) and the Beaufort men in the background at the Beaufort Shed.

Scott is a great bloke and he was a surprise attendee to our shed. After introducing him to our members present, we received a grant of \$30.000 for shed maintenance and tools and equipment. This was completely unexpected, but Scott was so impressed with our shed, from a previous visit several weeks ago.

It was on his recommendation to the Coalition that this grant was approved and it will give us consolidation at our current site.

Please feel free to send through dates of Cluster meetings,

Special events, openings etc.

This will help other sheds know what is happening around Victoria.

vmsa@mensshed.net

Insurance and Membership Enquiries

AMSA / VMSA membership enquiries.

If you are a shed wishing to join AMSA / VMSA or have an Insurance query you should contact the AMSA Membership / Insurance Officer.

Ph 1300 550 009 or www.mensshed.org

Future Newsletters

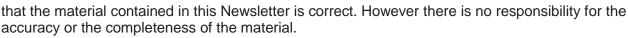
This Newsletter is being emailed to the Contact Person at each of the sheds on the VMSA database. We are limited in our ability to send the Newsletter to every shedder and so we ask that as the CONTACT PERSON for your shed please print and display the Newsletter.

If you have something to share with other sheds, write a short article (photos are handy) and send to the Executive Officer vmsa@mensshed.net

The VMSA acknowledges the assistance of the State Government of Victoria

Disclaimer

This newsletter is for general information only. The views expressed in this newsletter are not necessarily those of VMSA Committee. Reasonable measures have been taken to ensure





LIST OF VMSA COMMITTEE CONTACTS:

OFFICE BEARERS

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COMMITTEE

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Barbara Look b.look@vmsa.org.au Milpara Shed

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Bruce Ward <u>b.ward@vmsa.org.au</u> Ocean Grove & District Shed

Geoff Witmitz g.witmitz@vmsa.org.au Horsham Shed