
History

The Mount Beauty Men's Shed project was initiated by Alpine Health on Wednesday 5th October 2011 by calling a public meeting to gauge community support. 60 men attended and decided to form a *steering committee* to move the project forward.

The initial tasks of this committee were to get the organisation incorporated, apply for an ABN, open a bank account, visit the Bright and Myrtleford Men's Sheds, conduct fundraising/membership drive BBQ's, seek grant opportunities, investigate possible Shed sites and join the national body – *Australian Men's Shed Association Inc.* and the state body – *Victorian Men's Shed Association Inc.*

For two years the committee had been negotiating with the Alpine Shire for a possible Shed site next to the Mount Beauty Neighbourhood Centre. A lease was signed in May 2014 and construction started in June 2014.

Objectives

- To provide a venue for on-going social interaction among members;
 - To develop a range of activities in which all members can participate;
 - To develop and run programs that will contribute to better health and well-being of the members;
 - To conduct a well managed and well operated community based men's shed;
 - To build the sustainability of the Men's Shed;
 - To undertake community development and support activities;
 - To organise mentoring opportunities.
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Benefits

For the Men

- A place to be yourself and do what you want, when you want, how you want;
- Pursue hobbies, pastimes and interests;
- Meet other men to whom you can relate to;
- Ideas exchange;
- A place to learn;
- A place to teach;
- Someone who will listen and not judge;
- Someone who understands;
- Talk shoulder to shoulder;
- Find mateship, camaraderie and fellowship.

For the Community

- Utilising skills that may have been hidden and unused;
 - Construction of community projects that may have been unaffordable;
 - Some of the problems that older men suffer can be addressed and referred;
 - Develop mentor programs for youth and school aged children.
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Projects and Activities

Sheds conduct *three main categories of activity*:

- Personal projects;
- Shed improvement projects;
- Community involvement projects.

Members will be welcome to be involved in any or all of these according to their own capability or interest. Or just to come to the shed and have a chat with friendly guys as they go about their tasks or share a bit of company, either over a cuppa or working on a project.

Good health is based on many factors including feeling good about yourself, being productive and valuable to your community, connecting to friends and maintaining an active body and an active mind.

Becoming a member of a Men's Shed gives a man that safe and busy environment where he can find many of these things in an atmosphere of old-fashioned mateship. And, importantly, there is no pressure. Men can just come and have a yarn and a cuppa if that is all they're looking for.

Members of Men's Sheds come from all walks of life - the bond that unites them is that they are men with time on their hands and they would like something meaningful to do with that time.

Some examples of activities conducted at Men's Sheds around the country are: general woodwork and carpentry, basic welding, toy making, maintenance of tools and your home machinery, use of computers, trips, metalwork, card and board games, cooking, BBQ's, voluntary community projects, information sessions on men's health, restoring furniture and toys, guest speakers, growing vegetables, Shed planning and improvements and of course good company and fellowship.

Membership

— An Opportunity —

**Support the development of the
local Men's Shed!**

Become a member

(Membership period: 1 July to 30 June)

- Individual \$25.00
- Business \$40.00
- Community Organisation \$40.00

Next time you are in town, pick up a membership form from Campbell Ford at the *Mount Beauty Hardware and Drapery Store*, fill it out and hand him the form and fee, or post a cheque to the address on the back of this brochure and please include your details.

Committee of Management

The business affairs of the Shed are managed by a committee of ten consisting of four office bearers (President, Vice-President, Secretary and Treasurer) and six ordinary members.

The Annual General Meeting is held in August each year.

It is the responsibility of the committee to attend to: administrative organisation, policy making, legal requirements, occupational health and safety matters, marketing and promotion, financial matters, public relations, technical matters, training, the development of an projects/activities program and to conduct regular meetings.

The Shed is a member of the *Australian Men's Shed Association Inc.* and *Victorian Men's Shed Association Inc.*

2014/15 Committee Members are:

Officers: Dick Puttyfoot (president), Ian Howley (vice president), John Hunt (secretary), Paul L'Huillier (treasurer) & *Ordinary members:* Graeme Caulfield, Campbell Ford, John Driver, Andrew Robertson and Mark Hardidge.

Funding

The Shed will source its funds from memberships, donations, grants, business sponsorships, sale of items produced in the Shed and general fund raising.

“Feel productive, contribute to the community and have fun doing it!”



Myrtleford Men's Shed work bench – Organised, tidy & safe



Bright United Men's Shed

Contact details

Shed location: Negotiations are progressing with the Alpine Shire for a site next to the Mt Beauty Neighbourhood Centre.

Postal address:

PO Box 145 Tawonga South 3698

Telephone: Tel: (03) 5754 1817,

Mobile: 0419 514 378

Email: The Secretary, John Hunt

<secretary@mountbeautymensshed.org.au>



Mount Beauty & District Men's Shed Inc.

The Mount Beauty and District Men's Shed will be a place for men to come together to share their skills and experiences.

It can be a place of creativity, of teamwork and for celebrating community spirit. It's a place to build on the health and well-being of men.



Committee inside the Myrtleford Men's Shed

“Men don't talk face to face, they talk shoulder to shoulder”

Mount Beauty & District Men's Shed Inc.
Inc. reg. # A0056978V ABN: 74621137797